

MODERN LUXURY

MANHATTAN



LETTER *from* THE EDITOR

TRUE STORY

Coco Chanel famously said, "Beauty begins the moment you decide to be yourself." We are blessed to live in an enlightened era, when the unique individual is celebrated more than ever before. Yet in an age of paid "influencers," more and more of us find ourselves allured by that which is deeply authentic rather than "#sponsored." In this issue, we buzz the best in the business from salons and spas to self-care rituals to get you glowing from the inside out. As national beauty editor for Modern Luxury as well as editor-in-chief of *Manhattan* and *Beach*, I have the best of beauty at my fingertips. Here, some favorites topping my vanity today... no hashtag required.

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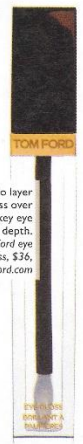
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Dermaplaning at home is my skin secret. Dermaflash Blue Device + Essentials, \$189, dermaflash.com

I like to layer this gloss over a smokey eye for depth. Tom Ford eye gloss, \$36, tomford.com



A spritz midday freshens the face. AERIN Beauty Rose Water Refreshing & Soothing Mist, 3.4 fl. oz. for \$45, nardsram.com



After a long week of deadlines, this is my weekend recharge. Pursoma Digital Detox, 10 oz. for \$34, pursomalife.com

These help me de-puff on mornings when I haven't gotten a good night's sleep. Sisleya L'Integral Eye & Lip Contour Cream, \$210, sisley-paris.com

PHOTOGRAPH BY ANJELIA VICKERS